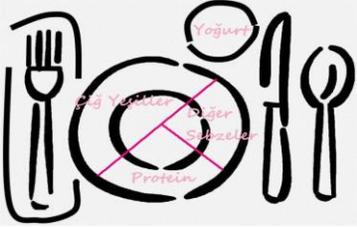
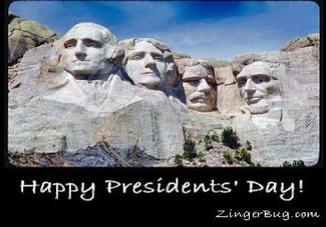
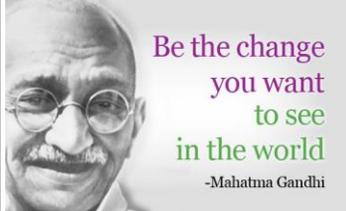




SENIOR COMMUNITY CAFÉ CONGREGATE CALENDAR- FEBRUARY-2018



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
						1		2	
5	Pineapple Orange Juice Lemon Baked Chicken Bowtie Pasta Broccoli Florets Oatnut Bread Pears	6		7	Roast Turkey w/Gravy Mashed Potatoes Mixed Vegetables Cranberry Sauce Wheat Bread Fresh Orange	8			
12	Orange-Pineapple Juice Sliced Meatloaf w/Gravy Spanish Rice Carrots 100% Whole Wheat Bread Fruit Cocktail	13		14	HAPPY VALENTINE'S DAY Cream of Broccoli Soup Tuna Salad on Multi Grain Roll Sliced Tomato & Leaf Lettuce Three Bean Salad Saltine Crackers Frosted German Chocolate Cake	15			
19		20		21	Beef Chili w/Beans w/ Shredded Cheese Elbow Macaroni Italian Green Beans 100% Whole Wheat Bread Fresh Orange	22			
26	Orange Juice HOT DOG on Hot Dog Roll Vegetarian Baked Beans Mustard, Ketchup, Relish Sauerkraut Ice Cream Cup	27		28	Beef Vegetables Soup Hamburger w/Broth Potato Salad Sliced Tomato & Leaf Lettuce Multigrain Bun Ketchup / Mustard / Relish Pears				

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses.
 All meals are served with milk, bread and margarine. DONATIONS: \$2.50 (or whatever you can afford)