



SENIOR COMMUNITY CAFÉ CONGREGATE CALENDAR-SEPTEMBER-2017



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
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4 CLOSED IN OBSERVANCE OF LABOR DAY HOLIDAY		5		6 Corn Chowder Breaded Fish Square Potato Wedges Tartar Sauce Saltine Crackers Creamy Coleslaw w/Carrots, Purple & Green Cabbage Peaches & Pears		7		8	
11 Pork Ribeye Vegetarian Baked Beans Prince Edward Blend Vegetables 12-Grain Bread Peaches		12		13 Spring Vegetable Soup Chef Salad w/Mixed Greens (Shredded Cheese/Turkey Ham) Cooked Ham Croutons/Ranch Dressing Wheat Dinner Roll Mandarin Oranges		14		15	
18 Pineapple-Orange Juice Meatballs w/Italian Sauce Ziti w/Italian Sauce Broccoli & Cauliflower Oatnut Bread Pears		19		20 Roast Turkey w/Gravy Corn Bread Stuffing Sliced Carrots Cranberry Sauce 100% Whole Wheat Bread Fresh Orange		21		22	
25 Sausage w/Red & Green Peppers Penne w/Tomato Basil Sauce Italian Green Beans Club Roll Tropical Fruit		26		27 Chicken Vegetable Soup Orange & Cumin Rubbed Pork w/Broth White & Brown Rice Broccoli Spears 100% Whole Wheat Bread Peaches		28		29	

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses. All meals are served with milk, bread and margarine. DONATIONS: \$2.50 (or whatever you can afford)