



SENIOR COMMUNITY CAFÉ CONGREGATE CALENDAR-MAY-2017



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Apple Juice Stuffed Pepper w/Tomato Sauce White & Brown Rice Prince Edward Blend Vegetables Oatnut Bread Chocolate Cake	2		3	Orange Juice Roast Pork Loin w/Gravy Rice Pilaf Green Beans Wheat Dinner Roll Applesauce	4			
8	Italian Chicken w/Artichokes & Chickpeas Farfalle Noodles California Blend Vegetables 12-Grain Bread Pineapple Tidbits	9		10	Turkey Chow Mein Over Fluffy White Rice Bias Cut Carrots Pumpnickel Bread Fresh Orange	11			
15	Salisbury Steak w/Vegetable Gravy Lyonnais Potatoes Scandinavian Blend Vegetables 100% Whole Wheat Bread Tropical Fruit	16		17	Six Bean Soup BBQ Pork Ribeye Carnival Rice Cut Green Beans Saltines Pineapple Tidbits	18			
22	Meatloaf w/Gravy Garlic Smashed Potatoes Creamed Spinach Pumpnickel Bread Fruit Cocktail	23		24	Beef Vegetable Soup Grande Cheese Ravioli w/Tom. Sauce French Style Green Beans Saltines Fresh Orange	25			
29	CLOSED IN OBSERVANCE OF MEMORIAL DAY HOLIDAY!	30		31	Corn Chowder Potato Crumbled Pollock w/Tartar Sauce Chive Mashed Potatoes Beets Saltines Fruit Cocktail				

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses.

All meals are served with milk, bread and margarine. DONATIONS: \$2.50 (or whatever you can afford)