



SENIOR COMMUNITY CAFÉ CONGREGATE CALENDAR- DECEMBER-2017



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
								1	
4	Orange Juice Turkey Chow Mein Over Yellow Rice Cut Carrots 12 Grain Bread Rocky Mt Pudding (Choc Pudding w/Mini-Marsh)	5		6	Orange Juice Roast Turkey w/Gravy Broccoli Cranberry Sauce Cornbread Stuffing Wheat Dinner Roll Fresh Banana	7		8	
11	Turkey Meatballs w/Sweet Sour Sauce Whole Grain Brown & White Rice Italian Blend Vegetables 100% Whole Wheat Bread Fresh Orange	12		13	Cran-Apple Juice Stuffed Chicken Breast w/Gravy Seasoned Baby Potatoes Garden Blend Vegetables Corn Muffin Ice Cream Cup	14		15	
18	Grande Cheese Ravioli w/Italian Sauce California Blend Vegetables Mixed Salad Greens w/Cherry Tomato & Cucumber Ranch Dressing Wheat Bread Fruit Cocktail	19		20	Apple Juice Kielbasa / Mustard Mashed Potatoes Caribbean Blend Vegetables 100 % Whole Wheat Bread Lemon Pudding w/Whipped Topping	21		22	CRT CLOSED 
25	CRT CLOSED 	26		27	Autumn Vegetable Soup BBQ Pork Ribeye Carnival Rice Cut Green Beans 12 Grain Bread Fresh Orange	28		29	

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses.
All meals are served with milk, bread and margarine. DONATIONS: \$2.50 (or whatever you can afford)