

June 2015

DURHAM SENIOR HAPPENINGS

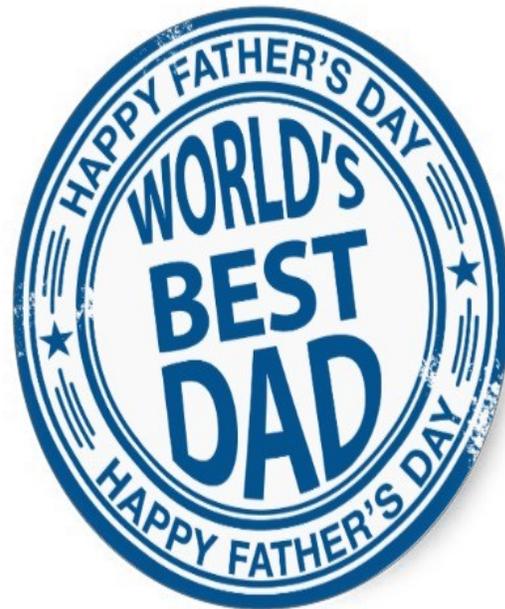
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Town of Durham

Amanda Pedersen
Social Services
Coordinator
860-349-3153

Senior Lunches



The Elderly Nutrition program is designed to provide nutritional meals, at a low cost to all persons ages 60 and over, and their spouses.

Hot lunches are available at the Durham Activity Center.

350 Main Street, 2nd Floor
every Monday and Wednesday

To help cover the cost of the meal, a suggested donation of **\$2.00** is welcomed. Please come join us for lunch! ***This program is open to all patrons, regardless of your ability to pay.***

To make lunch reservations call Amanda Pedersen,
Senior Café Manager at 860-349-3153

- For a Wednesday reservation you must call **prior** to 12:00 on Tuesday.
- For a Monday reservation you must call by 12:00 on the **prior** Friday.
- Dial-A-Ride is available for transportation to lunches...See page 3



June birthdays will be celebrated on June 24. We will be having cake courtesy of the Durham Citizens Senior Board after the regular luncheon.



Transportation—

Durham-Middlefield Senior/ Disabled Bus

St. Luke's Eldercare is located at 163 College Street
Middletown, CT 06457

The bus is available for transportation to activities and shopping. Please see schedule for planned trips.

Transportation is also available to the following areas for medical appointments:

- Mondays- Hartford, Newington, New Britain area
- Thursdays- New Haven, West Haven area
- Fridays- Meriden, Wallingford area

There is no fee for this service. You must give 48 hours notice prior to Dr. appointment.

For more information please call 860-347-5661, Monday - Friday 9 am—3 pm to make a reservation. You will receive confirmation after 4pm from driver.

Dial— A—Ride Middletown Area Transit is available for in county trips.

Provides curb-to-curb transportation for the elderly and disabled residents of Middlefield and Rockfall to appointments in Middlefield, Durham, Middletown, Cromwell, Portland, East Hampton and East Haddam. This service can be used for medical appointments, shopping, banking and other places. This service is available 5 days a week, Monday – Friday 8:30AM- 4:00PM.

Please call Albert at 860-347-3313 for a reservation.

Fare is **\$2.50** each way.

9 Town Transit— 860-510-0429

www.9TownTransit.com Call 9 Town to take a medical or recreational trip to any of the participating towns. All ages welcome. Call for pricing info and to register for a trip.

Pickups at United Churches and
Mauro Meadows at times
specified by driver for recreation
trips.

Durham/Middlefield Bus Schedule

June 2015

To Reserve
Call
860-347-5661

Monday	Tuesday	Wednesday	Thursday	Friday
1 Out of County Medical Hartford/ Newington	2 Mohegan Sun	3 Ivoryton Playhouse Calendar Girls Lunch at Blue Hound \$5-\$8- \$15+	4 Out of County Medical New Haven/ West Haven	5 Out of County Medical Meriden/ Wallingford
8 Out of County Medical Hartford/ Newington	9 Trip to Webs Northampton MA Lunch at Cracker Barrell	10 Mohegan Sun	11 Out of County Medical New Haven/ West Haven	12 Out of County Medical Meriden/ Wallingford
15 Out of County Medical Hartford/ Newington	16 Timex Museum Waterbury Admission \$6 Lunch at Bertucci's \$10- \$20	17 Nautilus Museum Groton Admission Free Lunch at the Shack \$8-\$15	18 Out of County Medical New Haven/ West Haven	19 Out of County Medical Meriden/ Wallingford
22 Out of County Medical Hartford/ Newington	23 Elizabeth Park Admission Free Lunch at Pond House Café \$10- \$25	24 Essex Steam Train Price- \$19 Lunch at Gelston House \$12-\$30+	25 Out of County Medical New Haven/ West Haven	26 Out of County Medical Meriden/ Wallingford
29 Out of County Medical Hartford/ Newington	30 Ct River Museum Admission \$8 Lunch at Griswold Inn \$10-\$18+	Please note: Due to the popularity of the casino , trips are limited to one reservation per month, you may be wait listed.		

Upcoming Events

Bingo: Held every Wednesday at the Durham Activity Center . Starts at 1:00 pm following the senior luncheon. Any questions call Sherry Hill at 860-343-6720.

Senior Board Meeting : June 24 at 1:00 PM held at DAC 350 Main Street Durham.

June Birthday Celebration: Birthdays for June will be celebrated on June 24th during the regular luncheon at DAC. Lunch is served at 12:00 PM.

Soup and Salad 2015. June 5 at 12:00 pm. Held at the Durham Public Library. Sponsored by the Senior Board. Reservations required. Call Amanda at 860-349-3153 or Sherry at 860-343-6720.

*****Renter's Rebate Assistance** begins April 1 and runs through October 15. Please call Amanda at 860-349-3153 to make an appointment and for necessary documents. Income cannot exceed \$34,600 for single and \$42,200 for married individuals. See next page for more information.

Renter's Rebate



Applications for the Connecticut Elderly and Totally Disabled Renters Tax Relief Program will be accepted by the Social Services Department at the Town Hall. The filing period for this program begins April 1, 2015 and ends October 15, 2015.

Qualifying income limits for this program are as follows: filing single, income cannot exceed \$34,600 and filing married, income cannot exceed \$42,200.

Applicant must have been 65 years old by December 31 of 2014 or totally disabled (proof required).

Documentation that you will need:

A copy of your 2014 tax return (if filed); 2014 1099 Social Security Income statement; proof of rent paid- 2014; utility history printout; proof of interest of dividends from bank accounts, stocks, bonds.

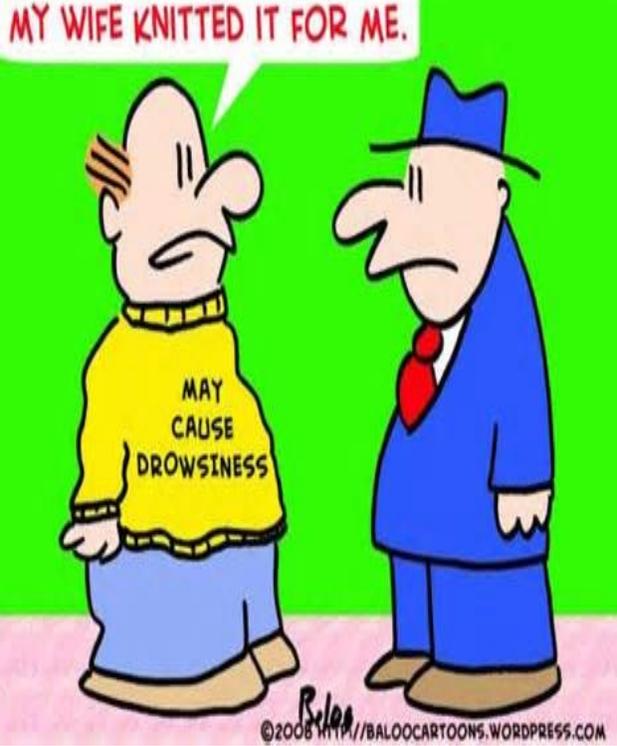
Please call Amanda at 860-349-3153 to schedule an appointment.

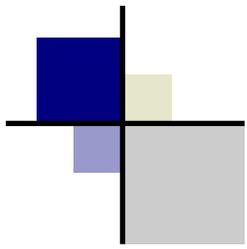
Senior Moments...



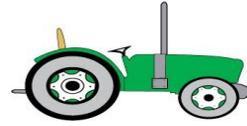
"I want a refund. They only shuffle."

~Do What Makes You Happy
~Be With Who Makes You Smile
~Laugh As Much As You Breathe
~Love As Long As You Live





Things to do in June



Durham Farmer's Market– Held every Thursday on the Town Green from 3-6 pm. Farmer's Market vouchers are available in limited quantity.

Individuals 60 years of age or older, with incomes that do not exceed 185% of poverty income guidelines are eligible. Clients must be participating in another program with proper means testing verifying their eligibility. Examples of other programs include but are not limited to renter rebate programs or congregate meal programs.

June 6 Strawberry Festival on the green in Downtown Madison



June 20 Branford Craft and Community Expo on the Town Green in Branford

June 20 Cheshire Strawberry Festival on the Cheshire Town Green.

June 29 12:45 PM at DAC : Disaster Planning and Preparation. Representatives from Fire, EMS, Emergency Management, Connecticut State Police , and our Fire Marshal will discuss the town's plan and tips on how seniors can prepare themselves for a natural disaster. Call Amanda 860-349-3153. Durham Activity Center is located at 350 Main Street.

Programs Available for Help

SNAP- Supplemental Nutrition Assistance Program. This program is available through the Department of Social Services which is located in Middletown at 117 Main Street Extension, Middletown 860-704-3100. Verification of income is required for the application process. The SNAP program helps low income individuals and families afford the cost of food at grocery stores and farmers markets. Once you complete an application form you will be assigned an eligibility worker who will interview you to complete the application process. You must be a CT resident whose income and assets are within the set limits.

Energy Assistance Program. This program is available from November-March. Appointments are accepted starting in August but first deliverable is not available until November 15th. You can apply directly to CRT- Community Renewal Team located at 44 Hamlin Street Middletown 860-347-4465. This program helps pay heating bills for the low and middle income renters and homeowners. Verification of income/assets is required.

Free/Reduced Lunches District 13

Local school officials have adopted family size and income criteria for determining eligibility for free or reduced lunches under the National School Lunch Program. Application forms are mailed home to all families in August. To apply fill out one application per family and return to any District 13 school.

Backback Program- contact Betsy Dean to discuss program available for students who qualify for free lunches. This program is available during the school calendar year. Students take food home for the weekend from school. Betsy is the director of Durham Middlefield Youth and Family Services. Her number is 860-349-0258 and email is bdean.dmyfs@comcast.net. You can also contact Melissa Dirzius at mdirzius@rsd13.org.

Youth Employment Program - contact Elizabeth Shoudy. Elizabeth is the Transition Counselor at CRHS and can be contacted at 860-349-7110 or email at eshoudy@rsd13.org. This program is open to teenagers looking for employment and who meet the criteria for this program.

Operation Fuel- You can apply through Durham Social Services 860-349-3153. Grants are available from Dec 1 until March 30 or until funds run out. Qualifying applicants must be within 200 % of poverty level. If you are CEAP and get all your benefits you do not qualify for Operation Fuel. CHAP clients may apply.

Senior Congregate Meals- Meals are available every Monday and Wednesday at the Durham Activity Center. The Center is located at 350 Main Street Durham on the second floor. Meals are provided through CW Resources in New Britain and funded through a grant through Senior Resources in Norwich. Patrons 60+ can participate. Suggested donation is \$2. Reservations should be made by calling Amanda at 860-349-3153.

Senior Farmers Market Voucher

A supplemental food program offered at most CT Farmer's Market. Individuals 60+ can obtain vouchers with income not exceeding 185% of poverty level guidelines. Clients must be participating in another program with means testing verifying their eligibility.

Pantry ~Amazing Grace Food Pantry 860-347-3222

16 Stack Street Middletown Shopping hours are M W F 1-4 pm and S 10-4

~Town of Durham contact Amanda 860-349-3153 to use pantry.

Durham Interchurch- Human Services administers the Durham Interchurch Assistance Funds that are derived from private community contributions to provide emergency basic needs to Durham residents. Cases are evaluated individually with health, housing, utilities and other emergencies as priorities. For fuel- you must apply to CRT and Operation Fuel first. Funds are available on a limited basis. Contact Amanda 860-349-3153 to complete an application. Verification of residence and income required.

211 Hotline. 2-1-1- is Connecticut's free information and referral service. Simply by dialing 2-1-1, a toll-free number throughout Connecticut, callers can reach knowledgeable, multilingual staff and get information, referrals or seek help in a crisis. 2-1-1 operates 24 hours a day, every day of the year.

Ray Kalinowski Veteran's Fund- This fund is used to provide financial assistance to meet a demonstrated hardship for a veteran. Maximum grant awarded will be \$200. Income must not exceed 200% of poverty level. Assets Test required. Homeowners with over \$10,000 and all others with liquid assets over \$7,000 are ineligible for assistance unless these amounts plus income are less than income limit for assistance.

The American Legion Sailors', Soldiers', and

Marines' Fund provides temporary financial assistance to meet, or assist in meeting the health and maintenance requirements of eligible veterans who demonstrate need, as well as those of their dependents and/or survivors through the provisions of food, apparel, shelter, fuel, utilities, medical care and burial expenses. Contact Amanda 860-349-3153 to complete an application.

Renter's Rebate- Applications are available for the elderly (65 and over) and totally disabled. Filing dates are April 1-Oct. 1. To apply during this filing period call Amanda at 860-349-3153. Documentation is required for this program.

Care Network Link.org- Free on-line resource for CT seniors who are looking for ways to continue living at home as their needs for assistance and support increase.

