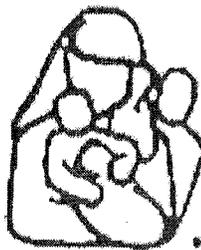


# MOMS Club®



## of Durham/Middlefield, CT

### **MOMS Offering Moms Support**

The MOMS Club® of Durham/Middlefield, CT is a chapter of the International MOMS Club®, a non-profit, non-denominational organization for part-time and full-time stay at home mothers and their children. We offer playgroups, children's activities, mom related activities and moms' nights out. We also coordinate fundraisers to support local charities. Our chapter serves Durham, Middlefield and Rockfall, CT.

### **Membership Information**

All mothers in Durham, Middlefield and Rockfall, CT are eligible to join. Membership fees are \$25 a year. Prospective members may attend two activities held at public places before joining. If you would like more information about joining the MOMS Club® of Durham/Middlefield, please contact us at [momsdurhammiddlefield@gmail.com](mailto:momsdurhammiddlefield@gmail.com). If you would like to be a part of a MOMS Club® but do not live in this area, please contact the International MOMS Club® at [www.momsclub.org](http://www.momsclub.org)

### **Activities**

We offer many different activities for moms and their children, including:

- Playgroups - meet other moms with kids your child(ren)'s age
- Outings - Such as Lyman Orchards, Kid City, restaurants, etc.
- Moms' Night Out - Once a month spend an evening out with the moms (While children are welcome at all MOMS Club functions, we encourage mothers to allow fathers or other caregivers the opportunity to bond with the children one night a month while they attend Moms' Night Out)
- Clubs – Book, Cooking, Gardening and Walking (or you can start your own!)
- Business Meetings – Mom and Family related speakers

### **Service Projects**

The MOMS Club of Durham/Middlefield participates in many service projects to help children and others in our community.

- Families Feeding Families - Members donate a pre-determined food item to the Amazing Grace Food Pantry on a monthly basis.
- Tag Sale - Members donate items to sell. Proceeds are divided between local charities supported by our MOMS Club® chapter.
- New Horizons - We continually donate items to mothers and children in a local shelter for abused women

## Typical Monthly Activities

- Backyard Fun — Outdoor playgroup at a member's home
- Park Play-date — Playgroup at an area park
- Playtime Pals — Open age playgroup
- Itty-Bitty — Playgroup reserved for the non-walkers
- Preschool Playgroup — Playgroup for children in pre-school
- Walk & Talk — A chance to get some exercise, either outdoors or at the mall
- Coffee Break — Outing held at local coffee shop

## We Support Our Moms

Meals for Moms — Fellow moms prepare a meal for moms who are in need of meals for a variety of reasons such as a new baby, health issues, moving, a death in the family, etc.

Buddy Program — New members are paired with current members. This is voluntary and lasts up to 3 months.

## Frequently Asked Questions

1. *I would like to join but I only have an infant who really cannot play yet — should I wait to join?* Even though your baby is small, you can still come to all activities. The MOMS Club® is to support you, so come out and meet other moms, socialize and enjoy your time.
2. *Can I continue to participate once my child(ren) are in school?* Absolutely. We encourage all of our members to remain active and new members to join our group after their children have reached school age. We realize that the need for support does not end when children begin school.
3. *I work part time, can I still be part of this group for stay at home moms?* Certainly. Many of our members work part time and still find time to be actively involved in the club.
4. *Who arranges the activities?* The members of the club volunteer to host any activity they are interested in. Calendars are put together monthly.
5. *Do I have to attend every activity?* You can choose to attend all the events in one week or maybe you can only make 2 events in a month. It's totally up to you.
6. *Can I come to an activity before I decide if this is right club for me?* Definitely! You are welcome to come to 2 activities held at public places before joining.
7. *I do not reside in Durham, Middlefield or Rockfall, CT. Can I still join the MOMS Club® of Durham/Middlefield?* If you do not live in these towns you'll need to join a MOMS Club® that serves your area. Visit [www.momsclub.org](http://www.momsclub.org) and go to "find a chapter near you" to find a MOMS Club® in your area.
8. *How much does it cost to join?* Our membership fee is \$25 a year. (MOMS Club® is a nonprofit corporation and a 501 (C) (3) publicly-supported charity registered with the IRS.)
9. *How do I join?* Simply send an email to our Membership V.P. at [momsdurhammiddlefield@gmail.com](mailto:momsdurhammiddlefield@gmail.com) and provide your name, email, mailing address and phone number. She will then send you the membership application and all related information.

Please visit our website at: <http://www.meetup.com/MOMS-Club-of-Durham-Middlefield/>