

**Durham Senior Citizen Board Minutes**  
**Wednesday, June 22, 2016**  
**Durham Activity Center, 1 pm**

**Call to order:** meeting called to order at 1:06 pm.

**Roll Call:** in attendance: Chairman Lainy Melvin

Members: Karin Thody, Dede Levy, Jim Martinelli, MaryEllen Dontigney, Bev Pedersen

Staff: Recreation Director Sherry Hill, Human Resources Director Amanda Pedersen

Absent: Vice Chairman Henry Coe, Norm Hicks, Stu Keating

**Approve Agenda:**

MaryEllen Dontigney made a motion to approve the agenda. Second by Jim Martinelli. Agenda approved.

**Approve Minutes**

MaryEllen Dontigney moved to approve the April 27, 2016 minutes. Second by Jim Martinelli. Minutes approved.

**Guest Speaker**, Kathy Schwanfelder, a Durham resident, would like to establish a caregiver support group. The group would meet on Tuesdays, from 11-12, once a week, at the DAC. The caregiver needs to be from Durham and/or Middlefield. A description of the support group mission will be written up by Kathy and sent to Amanda. Amanda will then send to the Town Times for publication under the weekly Senior events, and post in the Town Hall. Kathy suggested posting notice about the group in local doctors' offices. Would like the group to start on July 12<sup>th</sup>.

**Reports**

1. Social Services Director Amanda Pedersen
  - a. Access Independence would like to present a Medicare Savings program at a Monday or Wednesday Senior lunch.
  - b. Laura Falt from Water's Edge will give a talk on Healthy Eating after one of July's Senior luncheons.
  - c. A grant was received for the Soup & Salad luncheons from the Coginchaug Valley Education Foundation in the amount of \$1,500. This will enable the Senior Board to offer more excellent educational programs for the seniors in our communities.
  - d. Health Fair will not be held in conjunction with the flu shots.
2. Recreation Director Sherry Hill
  - a. Dr. Levy's talk on Lyme Disease at the June 6<sup>th</sup> Soup & Salad luncheon was very informative. Everyone attending was engaged and asked interesting questions which Dr. Levy responded to. We will look into having him speak again in the future.
  - b. The summer is a quiet time for recreation. Sherry does not have any new thoughts for Senior recreation programs.
  - c. A suggestion was made to get a movie from the Library once a month and show it after a Monday or Wednesday Senior lunch.
  - d. Sherry did not have any new information on Korn School. Bill Ward is working on costs. No official meeting has been set yet.

## **Old Business**

1. Tai Chi has been a very successful program with 25-30 people attending regularly. This session ends July 7 and the Fall session will begin Sept. 6.

## **New Business**

1. Lainy will investigate having a Women in American History presentation for a Fall Soup & Salad luncheon. The women who presents the program dresses in period costume.
2. September Soup & Salad will be on September 9<sup>th</sup>. Food from Artie's Restaurant.
3. Bus Trips are going well. Will plan more male-orientated trips.
4. The next Senior Citizen Board meeting will be held on September 28<sup>th</sup>, 1 p.m. at the DAC.

## **Board Members' Comments, Concerns, Ideas** None

**Adjourn:** Jim Martinelli moved the meeting be adjourned; seconded by Karin Thody.

Meeting adjourned at 1:58 pm.

Respectively submitted,

Diane Miramant, Secretary