

Minutes
Durham Senior Citizen Board
Wednesday, September 16,, 2015
Durham Activity Center
1 p.m.

Call to order: meeting called to order at 1:18 pm. Moment of silence was held in memory of Erv Barker and Joe Hall.

Roll Call: in attendance: Chairman Lainy Melvin

Members: Karin Thody, Norm Hicks, Stu Keating, Shari Slight

Staff: Human Resources Director Amanda Pedersen; Recreation Director Sherry Hill.

Absent: Vice Chairman Henry Coe, Bev Pedersen

Approve Agenda:

Motion to approve: Norm Hicks, second by Karin Thody. All approved.

Approve Minutes

Karin Thody moved to approve May 27, 2015 minutes; second by Shari Slight. Minutes approved.

Reports

1. Social Services Director Amanda Pedersen
 - a. Bracelet making class given by Wadsworth Glen was well attended.
 - b. Driver Safety Course to be held at the Library on October 14th.
 - c. Bulletin Boards were done by the summer intern.
 - d. Soup and Salad Luncheon at the Library on October 2nd will feature new State Trooper Larry Morello giving a talk on Safety, Internet and Credit Card Fraud. The previously planned Medicare speaker was canceled. Amanda will schedule her talk for a Wednesday Senior Luncheon.
 - e. Laura Crews of Norwich is coming to Middlefield in November for a Medicare Part D talk.
 - f. There was a suggestion to have an Arts and Crafts table during our Monday and Wednesday luncheons.
 - g. Tom Cushing will hold a free Tai Chi class at the Library beginning on Sept. 28th at 11:30 am. for 12 weeks. This is for Seniors 65 years of age or older.
 - h. A suggestion was made to have name tags for people going on the Senior casino bus trips.
 - i. Amanda reported that the Senior bus has to get new license plates for registration purposes.

- j. Amanda will get information on free flu shots in Durham.
2. Recreation Director Sherry Hill
- a. YMCA wants us to pay their Tai Chi instructor \$25 and they would also keep the registration fees. A vote was taken to withdraw our support of the YMCA Tai Chi classes.
 - b. Katie Wakeman Forline wants to do a one hour Yoga Tuneup class on Thursdays at 1 pm. using balls for flexibility, breathing, and stretching. Stu Keating made a suggestion to have her do the classes for a month, paying her \$25 for each class; participants would pay \$5 per class. Then after a month, we would go to a 50/50 arrangement. Her maximum payment should not exceed \$50. The rest going to the town.
 - c. Painted Scarf class will be held on October 16th from 10-12 pm.

Old Business

- 1. Spring back to School Luncheon on May 29th at the high school went very well with great attendance and everyone had a lot of fun. The food was excellent.
- 2. Senior of the Year award has been tabled.

New Business

- 1. Lainy suggested a music program during the Senior luncheons. Susan Peak of Blue Guitar would charge a fee of \$75/half hour to perform. A suggestion was to invite her to play at our Christmas party on December 11th.
- 2. Senior Board resignations: Anne Cassady, Evelyn Frady and Shari Slight. Nominations for replacements are MaryEllen Dontigney, DeeDee Levy, and Jim Martinellii.
- 3. Fall and Winter Programs need to be planned. Middlesex Convalescent Center will do a free bracelet making class.
- 4. A sandwich board needs to be placed outside the Durham Activity Center on days of our Senior luncheons. Stu Keating will look into the cost of ordering one. Shari Slight suggested that Colors of the Wind, which is going out of business, may want to donate their board or charge us a low fee to buy it.

Board members' concerns, comments and ideas None

Adjourn: Karin Thody moved the meeting be adjourned; second by Shari Slight.

Meeting adjourned at 2:20 pm.

Respectively submitted,
Diane Miramant, Secretary

