

Minutes
Durham Senior Citizen Board
Wednesday, April 22, 2015
Durham Activity Center
1 p.m.

Call to order: meeting called to order at 1:10 pm.

Roll Call: in attendance: Chairman Lainy Melvin; Vice Chairman Henry Coe

Members: Karin Thody, Anne Cassady, Bev Pedersen

Staff: Human Resources Director Amanda Pedersen; Recreation Director Sherry Hill.

Absent: Evelyn Frady, Norm Hicks, Stu Keating, Shari Slight

Approve Agenda:

Motion to approve: Karin Thody; Henry Coe seconded.

Approve Minutes

Henry Coe moved to approve March 25, 2015 minutes; second by Karin Thody. Vote: Minutes approved.

Reports

1. Social Services Director Amanda Pedersen
 - a. Working on tax freeze (ends May 15) and renters rebate (through October)
 - b. Handed out May Senior Newsletter.
 - c. Gatekeeper program held on March 30th. Run by St. Luke's Eldercare, this program offers services to those in need (Veterans, Seniors). To make a referral, call 1-855-ASKGATE.
 - d. Athena Homecare would like to come to a Senior luncheon to discuss keeping healthy and health issues. Suggestion was to have them at a Soup and Salad Luncheon in the Fall.
2. Recreation Director Sherry Hill:
 - a. Sherry will put up a bulletin board of "Times Past" photo collage of Seniors and Board members when they were in their teens and 20's.
 - b. Sherry will make a flyer of the Soup and Salad Luncheon dates (Lainy will provide dates).

Old Business

1. CPR class. Sherry Hill still investigating funding.
2. Tai Chi classes will continue until attendance drops. \$5 per class, pay as you go.
3. Soup and Salad Luncheon program was discussed and all agreed that it is very successful.

4. Live Well Workshops – Lainy has been attending the workshops and found their information for living with chronic conditions very helpful. Attendance varies.
5. Spring Back to School luncheon, May 29 at the high school.

New Business

1. Senior Board members are unable to attend the Community Discussion for the Coginchaug Area Transition Group (CAT) Sun. April 26 at Middlefield Federated Church.
2. Soup and Salad Luncheon on June 5 will feature Mabel Hama, bringing her boards of different local farms. It was suggested that we have a sign-up sheet at the Library.
3. Power of 10 Women's Group and Durham Women's Club made donations to Soup and Salad Luncheon program. The Senior Board will continue to seek donations from other community organizations.
4. Suggestions were made for the Soup and Salad Luncheon in Sept. Henry suggested having it on the second Friday of Sept. in one of the Durham Fair's new buildings. Dan Miramant, Fair President as speaker.
5. Soup and Salad Luncheon for Oct. – Karin suggested a tour of the Farm Museum. Lunch could be outside, weather permitting.
6. Suggestion was made to present an award to one or two of our Durham Seniors to recognize their contributions to our community for Older Americans month. The award will be called "Community Senior of the Year" and will be presented at our Spring luncheon on May 29. The Senior Board members will be asked to submit their nominations before May 1. It was suggested that we have some publicity from our local papers.

Board members' concerns, comments and ideas None

Adjourn: Henry Coe moved the meeting be adjourned; second by Karin Thody.

Meeting adjourned at 1:43 pm.

Respectively submitted,

Diane Miramant, Secretary