

Minutes
Durham Senior Citizen Board
Wednesday, March 25, 2015
Durham Activity Center
1 p.m.

Call to order: meeting called to order at 1:04 pm.

Roll Call: in attendance: Chairman Lainy Melvin; Vice Chairman Henry Coe

Members: Shari Slight, Evelyn Frady, Karin Thody, Anne Cassady, Stu Keating, Norm Hicks, Bev Pedersen

Staff: Human Resources Director Amanda Pedersen; Recreation Director Sherry Hill.

Approve Agenda:

Motion to approve: Henry Coe; Norm Hicks seconded.

Approve Minutes

Henry Coe moved to approve Feb. 25, 2015 minutes; second by Karin Thody. Vote: Minutes approved.

Reports

1. Social Services Director Amanda Pedersen
 - a. Working on tax freeze
 - b. Attended renters rebate training this morning
 - c. Gatekeeper program on March 30th
2. Recreation Director Sherry Hill:
 - a. Helping Amanda and Peggy with tax freeze (through May) and renters rebate (through Sept)
 - b. Tai Chi classes will start April 7, 1 pm. Cost is \$5 a class. Pay as you go or \$20 for 4 classes, Cindy Sullivan, instructor. Open to YMCA members to promote friendships with our Seniors.
 - c. Scarf painting class – first session April 24, \$50 a class. You make 3 scarfs. Max. 10 people.
 - d. Exercise classes are packed.
 - e. Bingo does not get a lot of participants. Sherry will ask some of her summer staff to help out.
 - f. Put up a bulletin board photo collage of Seniors and Board members when they were in their teens and 20's. Have a "guess who" game. Sherry will make up a flyer to announce this.
 - g. Sherry attended her step-grandmother's 101 birthday at MacDonough Home. Seniors told great stories of their lives.

Old Business

1. CPR class. Sherry Hill attended Town Safety Committee meeting. Cost of CPR class is \$25 per person. Funding is being investigated.
2. April 10th Soup and Salad Luncheon. Ann Shapiro of Crackerbarrel Entertainment will bring different instruments, music, stories. Lainy sent article to Town Times. 25 people have already signed up. Perk on Main will cater. Anne Cassady volunteered to return any leftovers to Perk on Main.
3. Spring Back to School luncheon on May 29 at the high school. Henry Coe and Lainy Melvin will attend a meeting with Kathy Veronessi on Mon. March 30.
4. Durham Women's Club will donate \$100 for Senior luncheons.
5. Dede Levy's Live Well Workshops are open to everyone. An info gathering meeting will be held March 31, 10 am. at the Library.

New Business

1. Senior Board invited to Community Discussion for the Coginchaug Area Transition Group (CAT) Sun. April 26, 3-6:30 pm, Middlefield Federated Church. Light supper provided.
2. Soup and Salad Luncheon on June 5 will feature Mabel Hamma, bringing her boards of different local farms. Stu Keating suggested having a sign-up sheet at the Library.

Board members' concerns, comments and ideas

1. Anne Cassady suggested doing introductions at the Soup and Salad Luncheons.
2. Henry Coe suggested inviting the man from East Haddam who does barn raising to one of our next winter Soup and Salad luncheons.

Adjourn: Norm Hicks moved the meeting be adjourned; second by Shari Slight.

Meeting adjourned at 1:38 pm.

Respectively submitted,

Diane Miramant, Secretary