

Minutes
Durham Senior Citizen Board
Wednesday, February 25, 2015
Durham Activity Center
1 p.m.

Call to order: meeting called to order at 1:05 p.m.

Roll Call: in attendance: Chairman Lainy Melvin; Vice Chairman Henry Coe

Members: Shari Slight, Evelyn Frady, Karin Thody, Sherry Hill, Anne Cassady

Absent Staff: Human Resources Director Amanda Pedersen

Absent: Members: Stu Keating, Norm Hicks, Bev Pedersen

Public Comments: Fire at Hans and Amanda Pedersen's home this morning. Senior Citizen Board will help when we know what they need.

Approve Agenda:

Motion: Henry Coe suggested we add to New Business: c. YMCA Tai Chi class. Karin Thody moved to approve the amendment and Anne Cassady seconded.

Approve Minutes

Henry Coe moved to approve Feb. 4, 2015 minutes; second by Karin Thody. Vote: Minutes approved.

Reports

1. Social Services Director Amanda Pedersen –no report.
2. Recreation Director Sherry Hill:
 - a. Red Cross Day, March 2, at John Lyman School. Seniors wanted to read a picture book to students. Contact Ann Doyle, Librarian, or Chris Davis, if interested.
 - b. 22 Seniors attended the Personal Safety class in January.
 - c., Gatekeeper Program. Funded by the Dept of Behavioral Health and Addiction Services. Recognizing behavioral health issues in Seniors. March 30th at the Activity Center.
 - d. Scarf painting class with Gloria – waiting for a date to be set. Cost is \$50 for a 2 hour class, which includes materials.
 - e. Staff CPR class. Sherry Hill will check with Laura Francis on scheduling and funding.

Old Business

1. The Soup and Salad Luncheon on March 6 at the Library will have Sean Hayes presenting a program on Powder Ridge. Perk on Main will cater. It was suggested that the volunteers serve the soup and salad to the attendees and the bread and butter will be placed on the tables.
2. Fire safety procedures for staff working at the Senior luncheons were approved by Bill Witecki, Fire Marshal. Another sheet of fire safety procedures for Seniors will be provided to everyone attending the lunches. Laminated cards will be placed on the doors..
3. Birthday photos are already taken care of by several people. Evelyn Frady will be taking photos at the Soup and Salad Luncheons.
4. Spring Back to School luncheon. Henry Coe and Lainy Melvin will attend a meeting with Kathy Veronessi on Mon. March 2, at 2 p.m.

New Business

1. Dede Levy's Live Well Workshops are open to everyone. An info gathering meeting will be held March 24, 10 a.m. at the Library.
2. Cards games at luncheons – suggestions are games such as setback, rummy, UNO, or Scrabble.
3. Tai Chi classes will be sponsored by the YMCA. Cindy, the instructor will come to the Activity Center. Classes are scheduled to start on April 7, 1 p.m. for 45 minutes, and are open to everyone, not just Durham and Middlefield residents. Cost is free for Silver Sneakers members, \$5 for others. Karin Thody made a motion to approve this. All approved; motion carried.

Board members' concerns, comments and ideas

1. Anne Cassady shared Senior newsletters from Simsbury and Portland.
2. Henry Coe said Middletown Press had an article about Dr. Michael Good's program on the Newton family to be held at the Library on March 17. Henry suggested we ask Dr. Good to talk about his book at one of the Soup and Salad lunches.
3. Lainy said the May 1st Soup and Salad luncheon will have the Registrars of Voters talking about the absentee ballots available to Seniors.

Adjourn: Shari Slight moved the meeting be adjourned; second by Karin Thody..

Meeting adjourned at 1:47 p.m.

Respectively submitted,

Diane Miramant, Secretary