

May 2016

DURHAM SENIOR HAPPENINGS

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Town of Durham

Amanda Pedersen
Social Services
Coordinator
860-349-3153

Senior Lunches



The Elderly Nutrition program is designed to provide nutritional meals, at a low cost to all persons ages 60 and over, and their spouses.

Hot lunches are available at the Durham Activity Center.

350 Main Street, 2nd Floor
every Monday and Wednesday

To help cover the cost of the meal, a suggested donation of **\$2.00** is welcomed. Please come join us for lunch ! ***This program is open to all patrons, regardless of your ability to pay.***

To make lunch reservations call Amanda Pedersen,
Senior Café Manager at 860-349-3153

- For a Wednesday reservation you must call **prior** to **12:00** on Tuesday.
- For a Monday reservation you must call by **12:00** on the **prior** Friday.
- Dial-A-Ride is available for transportation to lunches...See page 3

Happy Birthday!



May birthdays will be celebrated on **May 25**. We will be having cake courtesy of the **Durham Citizens Senior Board** after the senior luncheon.



Transportation—

Durham-Middlefield Senior/ Disabled Bus

St. Luke's Eldercare is located at 163 College Street
Middletown, CT 06457

The bus is available for transportation to activities and shopping. Please see schedule for planned trips.

Transportation is also available to the following areas for medical appointments:

- Mondays- Hartford, Newington, New Britain area
- Thursdays- New Haven, West Haven area
- Fridays- Meriden, Wallingford area

There is no fee for this service. You must give 48 hours notice prior to Dr. appointment.

For more information please call 860-347-5661,

Monday - Friday 9 am—3 pm to make a reservation.

You will receive confirmation after 4pm from driver.

Dial— A—Ride Middletown Area Transit is available for in county trips.

Provides curb-to-curb transportation for the elderly and disabled residents of ***Durham,*** Middlefield, and Rockfall to appointments in Middlefield, Durham, Middletown, Cromwell, Portland, East Hampton and East Haddam. This service can be used for medical appointments, shopping, banking and other places. This service is available 5 days a week, Monday – Friday 8:30AM- 4:00PM.

Please call Albert at 860-347-3313 for a reservation.

Fare is ***\$2.50*** each way.

9 Town Transit— 860-510-0429

www.9TownTransit.com Call 9 Town to take a medical or recreational trip to any of the participating towns. All ages welcome. Call for pricing info and to register for a trip.

Pickups at United Churches and
Mauro Meadows at times
specified by driver for recreation

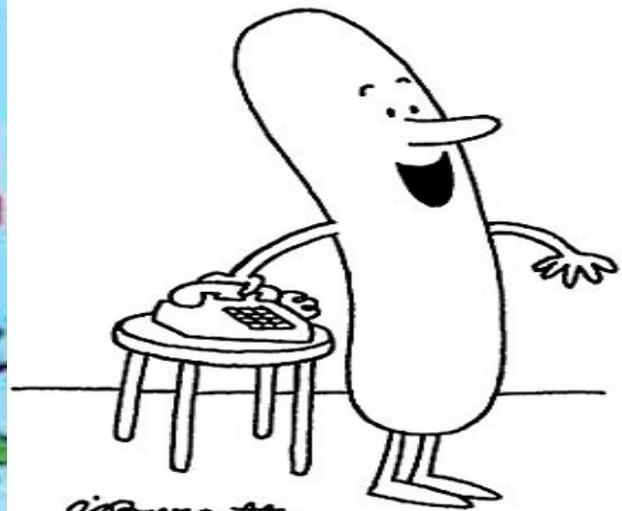
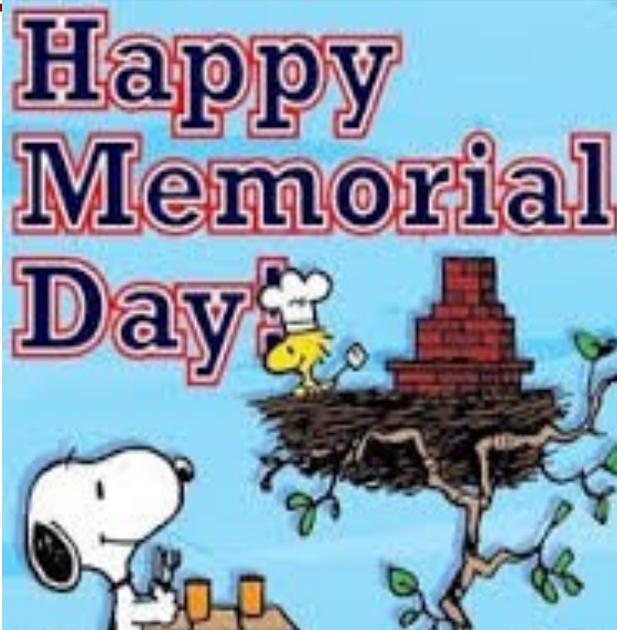
Durham/Middlefield Bus Schedule

May 2016

To Reserve
Call
860-347-5661

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Out of County Medical Hartford/ Newington</p>	<p>3</p> <p>Mohegan Sun</p> 	<p>4</p> <p>The Mark Twain House & Museum Hartford, CT</p>	<p>5</p> <p>Out of County Medical New Haven/West Haven</p>	<p>6</p> <p>Out of County Medical Meriden/ Wallingford</p>
<p>9</p> <p>Out of County Medical Hartford/ Newington</p>	<p>10</p> <p>Colorblends House & Springs Garden Bridgeport, CT</p>	<p>11</p> <p>Mohegan Sun</p> 	<p>12</p> <p>Out of County Medical New Haven/ West Haven</p>	<p>13</p> <p>Out of County Medical Meriden/ Wallingford</p>
<p>16</p> <p>Out of County Medical Hartford/ Newington</p>	<p>17</p> <p>Shopping Blue Back Square West Hartford</p>	<p>18</p> <p>The Stairs Below: The Mansion's Domestic Servants, 1868-1938 Lockwood-Mathews Mansion Museum \$8 adm.</p>	<p>19</p> <p>Out of County Medical New Haven/ West Haven</p>	<p>20</p> <p>Out of County Medical Meriden/ Wallingford</p>
<p>23</p> <p>Out of County Medical Hartford/ Newington</p>	<p>24</p> <p>Bridge of Flowers Shelburne Falls, MA</p>	<p>25</p> <p>Shopping Clinton Crossing Lunch at Lenny & Joes</p>	<p>26</p> <p>Out of County Medical New Haven/ West Haven</p>	<p>27</p> <p>Out of County Medical Meriden/ Wallingford</p>
<p>30</p> <p>Out of County Medical Hartford/ Newington</p>	<p>31</p> <p>Champlin's Seafood Deck Narragansett, RI</p>			

Senior Moments...



Overholt:

"Hey, everybody, we're invited to a cookout!"



PRICKLY CITY

BY SCOTT STANTIS

© MARK ANDERSON

WWW.ANDERTOONS.COM



"Hey hon, when you have a second we all need something at the exact same time."



IT'S "CINCO DE MAYO" NOT...OH, NEVER MIND...



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May Lunch Menu



CW Resources Senior Community Café

May, 2016



1% or Skim milk provided
Margarine available

MENU ITEMS SUBJECT TO CHANGE

SUGGESTED DONATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Baked Chicken Breast Chicken Gravy Mashed Potatoes Steamed Broccoli</p> <p>Pumpnickel Bread</p> <p>Grapes</p>	<p>Call Amanda at 860-349-3153</p>	<p>4</p> <p>Riblet Tater Tots Red and White Slaw</p> <p>Hamburger Roll</p> <p>Apricots</p>	<p>Call Amanda at 860-349-3153</p>	
<p>9</p> <p>Orange Juice Ziti with Meatballs Marinara Sauce Parmesan Cheese Italian Blend Veggies</p> <p>Garlic Bread</p> <p>Pudding</p>		<p>11</p> <p>Cranberry Juice Chicken Scampi Linguini Cauliflower and Peppers</p> <p>Biscuit</p> <p>Ice Cream Sandwich</p>		
<p>16</p> <p>Chicken Marsala Marsala Sauce Buttered Noodles Sauteed Garlic Broccoli</p> <p>Oatmeal Bread</p> <p>Apricots</p>		<p>18</p> <p>Salisbury Steak LS Gravy Rice Italian Green Beans</p> <p>W.W. Hamburger Bun</p> <p>Cantaloupe</p>		
<p>23</p> <p>Apple Juice Roasted Whole Chicken Leg Au Jus Spanish Rice Green Beans</p> <p>Oatmeal Bread</p> <p>Brownie</p>		<p>25</p> <p>All Beef Long Dog Sauteed Onions Mustard Pasta Primavera Corn on the Cob Memorial Day Special Lunch Long Dog Roll</p> <p>Watermelon Slice</p>		
<p>30</p> <p>Memorial Day Closed</p> 				



Renter's Rebate:

Applications will be accepted April 1st–
October 1st

Filing period begins **April 1** and
ends October 1.

Qualifying income limits for this program are as follows:

Filing Single: \$35,200

Filing Married: \$42,900

Applicant must have been 65 years of age by the end of the calendar year preceding the filing period ; or if under 65 is receiving social security disability.

Please call 860-349-3153 Amanda to schedule an appointment .

Documentation you will need to bring:

2015 1099 SS income statement

A copy of your 2015 tax return (if filed)

Proof of rent paid for 2015

Utility payment history printout from Eversource

Proof of interest or Dividends from bank accounts, stocks, bonds ...



Upcoming Events

Birthday Cake Celebration for May birthdays will be held at DAC on May 25. This is sponsored by the Durham Citizens Senior Board.

Soup and Salad will be held on May 6th. The luncheon will be held at Memorial Middle School 124 Hubbard Street in Middlefield. Lunch and entertainment will be provided by RSD 13. Reservations are required. Lunch will be served at 12:00. You may arrive at 11:30. Call Amanda at 860-349-3153.

May 12 May is Better Hearing Month. Come and have lunch at our Lunch and Listen program at DAC. Join Masonicare at 12:00 to learn how important hearing is and what you can do when you have hearing loss. Lunch is provided. Reservations required—call Amanda at 860-349-3153.

Senior Citizens Board Meeting 1:00 at DAC on May 25th.