

June 2016

# DURHAM SENIOR HAPPENINGS

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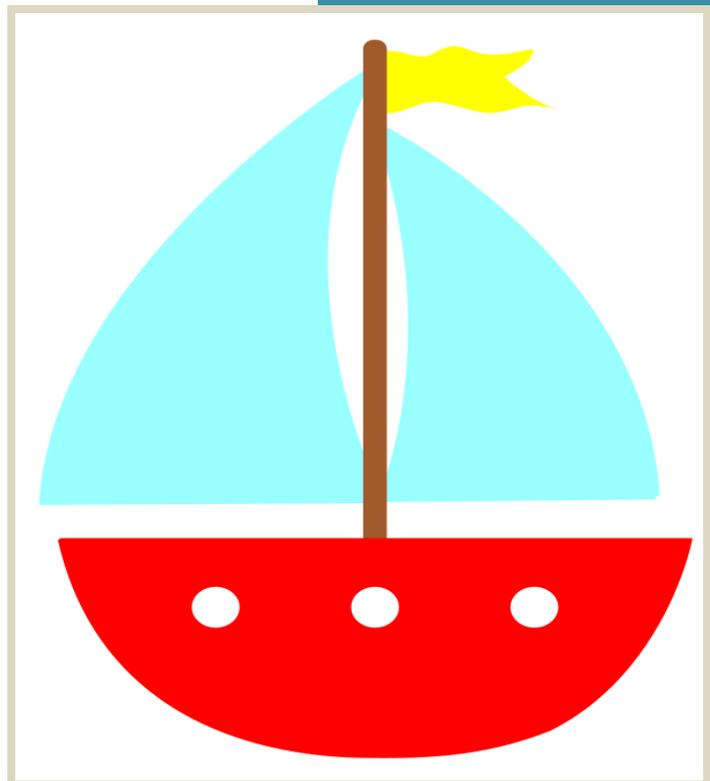
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## **Staff**

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## **Town of Durham**

Amanda Pedersen  
Social Services  
Coordinator  
860-349-3153

# Senior Lunches



The Elderly Nutrition program is designed to provide nutritional meals, at a low cost to all persons ages 60 and over, and their spouses.

Hot lunches are available at the Durham Activity Center.

350 Main Street, 2<sup>nd</sup> Floor  
every Monday and Wednesday

To help cover the cost of the meal, a suggested donation of **\$2.00** is welcomed. Please come join us for lunch ! ***This program is open to all patrons, regardless of your ability to pay.***

To make lunch reservations call Amanda Pedersen,  
Senior Café Manager at 860-349-3153

- For a Wednesday reservation you must call **prior** to **12:00** on Tuesday.
- For a Monday reservation you must call by **12:00** on the **prior** Friday.
- Dial-A-Ride is available for transportation to lunches...See page 3

Happy Birthday!



**June birthdays will be celebrated on June 29th . We will be having cake courtesy of the Durham Citizens Senior Board after the senior luncheon.**



# Transportation—

## **Durham-Middlefield Senior/ Disabled Bus**

St. Luke's Eldercare is located at 163 College Street  
Middletown, CT 06457

The bus is available for transportation to activities and shopping. Please see schedule for planned trips.

Transportation is also available to the following areas for medical appointments:

- Mondays- Hartford, Newington, New Britain area
- Thursdays- New Haven, West Haven area
- Fridays- Meriden, Wallingford area

***There is no fee for this service.*** You must give 48 hours notice prior to Dr. appointment.

**For more information please call 860-347-5661,**

**Monday - Friday 9 am—3 pm to make a reservation.**

**You will receive confirmation after 4pm from driver.**

## **Dial— A—Ride** Middletown Area Transit is available for in county trips.

Provides curb-to-curb transportation for the elderly and disabled residents of **Durham,** Middlefield, and Rockfall to appointments in Middlefield, Durham, Middletown, Cromwell, Portland, East Hampton and East Haddam. This service can be used for medical appointments, shopping, banking and other places. This service is available 5 days a week, Monday – Friday 8:30AM- 4:00PM.

Please call Albert at 860-347-3313 for a reservation.

Fare is **\$2.50** each way.

## **9 Town Transit— 860-510-0429**

**www.9TownTransit.com** Call 9 Town to take a medical or recreational trip to any of the participating towns. All ages welcome. Call for pricing info and to register for a trip.

Pickups at United Churches and  
Mauro Meadows at times  
specified by driver for recreation

# Durham/Middlefield Bus Schedule



To Reserve  
Call  
860-347-5661

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Wadsworth Atheneum Admission \$12.	2 Out of County Medical New Haven/West Haven	3 Out of County Medical Meriden/ Wallingford
6 Out of County Medical Hartford/ Newington	7 Shopping at Christmas Tree Shop Orange	8 Springfield Armory National Historic Site Springfield, MA	9 Out of County Medical New Haven/ West Haven	10 Out of County Medical Meriden/ Wallingford
13 Out of County Medical Hartford/ Newington	14 Mohegan Sun 	15 The Promenade Shops at Evergreen Walk South Windsor	16 Out of County Medical New Haven/ West Haven	17 Out of County Medical Meriden/ Wallingford
20 Out of County Medical Hartford/ Newington	21 Connecticut State Veterans Memorial Hartford	22 Elizabeth Park Rose Gardens Hartford	23 Out of County Medical New Haven/ West Haven	24 Out of County Medical Meriden/ Wallingford
27 Out of County Medical Hartford/ Newington	28 Clinton Crossing Clinton Lunch at Lenny & Joes	29 Mohegan Sun 	30 Out of County Medical New Haven/ West Haven	

# Senior Moments...



Search: 12234149

"COULD YOU POSSIBLY COME BACK IN TWO WEEKS? -- THE BOSS IS ON VACATION AND WE'RE TRYING TO GET SOME REST."



# June Lunch Menu

CW Resources Senior Community Cafe



## June 2016

MENU ITEMS SUBJECT TO CHANGE

SUGGESTED DONATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>Orange Juice <sup>1</sup> Stuffed Shells Meat Sauce Italian Blend Veggies</p> <p>Italian Bread</p> <p>Banana</p>	<p>For Reservations call Amanda 860-349-3153</p>	
<p>Knockwurst Au Jus <sup>6</sup> Pastaroni Steamed Broccoli</p> <p>Sub Roll</p> <p>Tropical Fruit Cup</p>	<p>For Reservations call Amanda 860-349-3153</p>	<p>Minestrone Soup <sup>8</sup> Unsalted Crackers Crispy Fish with Lemon Tater Tots Coleslaw</p> <p>Rye Bread</p> <p>Fresh Tangerine</p>		
<p><b>Father's Day Special 13</b> Orange Juice Broccoli and Cheese Stuffed Chicken Breast Long Grain Rice Buttered Beets  12 Grain Bread</p> <p>Strawberry Sundae</p>		<p>Orange Juice <sup>15</sup> Chicken Caciatorre Buttered Noodles Capri Blend Veggies</p> <p>Oat Bread</p> <p>Banana</p>		
<p>BBQ Grilled Chicken <sup>20</sup> Potato Salad Broccoli, Mushrooms, Diced Pepper Salad</p> <p><i>Summer</i></p> <p>100% Whole Wheat Roll</p> <p>Fresh Pear</p>		<p>Cranberry Juice <sup>22</sup> White Fish with Dill Sauce Rice Pilaf Green Beans</p> <p>12 Grain Bread</p> <p>Blondie Brownie</p>		
<p>Grape Juice <sup>27</sup> Garlic Baked Chicken with Spinach and Parmesan Cheese Sesame Noodles Meadow Blend Veggies Pumpnickel Bread</p> <p>Fresh Apple</p>		<p>Apple Juice <sup>29</sup> Beef Stroganoff Egg Noodles Carrots</p> <p>Whole Wheat Bread</p> <p>Oatmeal Raisin Cookies</p>		



## **Renter's Rebate:**

Applications will be accepted April 1st–  
October 1st

Filing period begins **April 1** and  
**ends October 1.**

Qualifying income limits for this program are as follows:

Filing Single: \$35,200

Filing Married: \$42,900

Applicant must have been 65 years of age by the end of the calendar year preceding the filing period ; or if under 65 is receiving social security disability.

Please call 860-349-3153 Amanda to schedule an appointment .

Documentation you will need to bring:

2015 1099 SS income statement

A copy of your 2015 tax return (if filed)

Proof of rent paid for 2015

Utility payment history printout from Eversource

Proof of interest or Dividends from bank accounts, stocks, bonds ...



## Upcoming Events

*Birthday Cake Celebration* for June birthdays will be held at DAC on June 29th. This is sponsored by the Durham Citizens Senior Board.

Soup and Salad will be held on June 3rd. The luncheon will be held at The Durham Library. Reservations are required. Lunch will be served at 12:00. Call Amanda at 860-349-3153. Topic: Lyme Disease. Presented by Dr. Steve Levy after the luncheon.

*Senior Citizens Board Meeting* 1:00 at DAC on June 22nd.

