

Dec 2015

# DURHAM SENIOR HAPPENINGS

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## **Town of Durham**

Amanda Pedersen  
Social Services  
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# Senior Lunches



The Elderly Nutrition program is designed to provide nutritional meals, at a low cost to all persons ages 60 and over, and their spouses.

Hot lunches are available at the Durham Activity Center.

350 Main Street, 2<sup>nd</sup> Floor  
every Monday and Wednesday

To help cover the cost of the meal, a suggested donation of **\$2.00** is welcomed. Please come join us for lunch ! ***This program is open to all patrons, regardless of your ability to pay.***

To make lunch reservations call Amanda Pedersen,  
Senior Café Manager at 860-349-3153

- For a Wednesday reservation you must call **prior** to **12:00** on Tuesday.
- For a Monday reservation you must call by **12:00** on the **prior** Friday.
- Dial-A-Ride is available for transportation to lunches...See page 3



**December birthdays  
will be celebrated on  
Dec 11th . We will be  
having cake  
courtesy of the  
Durham Citizens  
Senior Board during  
the holiday luncheon.**



# Transportation—

## **Durham-Middlefield Senior/ Disabled Bus**

St. Luke's Eldercare is located at 163 College Street  
Middletown, CT 06457

The bus is available for transportation to activities and shopping. Please see schedule for planned trips.

Transportation is also available to the following areas for medical appointments:

- Mondays- Hartford, Newington, New Britain area
- Thursdays- New Haven, West Haven area
- Fridays- Meriden, Wallingford area

***There is no fee for this service.*** You must give 48 hours notice prior to Dr. appointment.

**For more information please call 860-347-5661,**

**Monday - Friday 9 am—3 pm to make a reservation.**

**You will receive confirmation after 4pm from driver.**

## **Dial— A—Ride** Middletown Area Transit is available for in county trips.

Provides curb-to-curb transportation for the elderly and disabled residents of **Durham,** Middlefield, and Rockfall to appointments in Middlefield, Durham, Middletown, Cromwell, Portland, East Hampton and East Haddam. This service can be used for medical appointments, shopping, banking and other places. This service is available 5 days a week, Monday – Friday 8:30AM- 4:00PM.

Please call Albert at 860-347-3313 for a reservation.

Fare is **\$2.50** each way.

## **9 Town Transit— 860-510-0429**

**www.9TownTransit.com** Call 9 Town to take a medical or recreational trip to any of the participating towns. All ages welcome. Call for pricing info and to register for a trip.

Pickups at United Churches and  
Mauro Meadows at times  
specified by driver for recreation

# Durham/Middlefield Bus Schedule

# December 2015

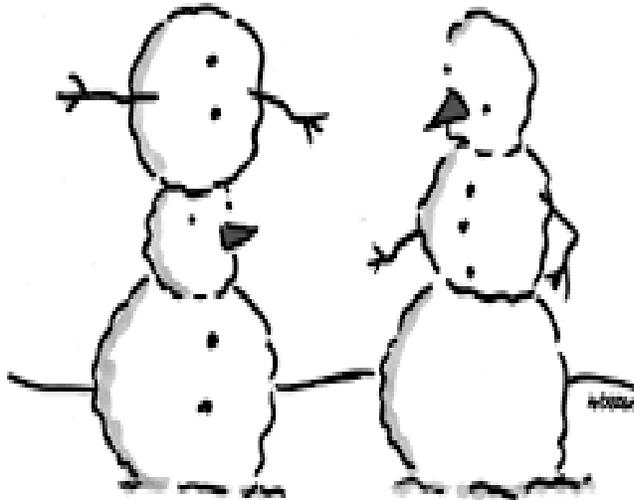
To Reserve  
Call  
860-347-5661

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Mohegan Sun  	2 Yankee Candle South Deerfield, MA Lunch Chandler's Restaurant	3 Out of County Medical New Haven/ West Haven	4  Out of County Medical Meriden/ Wallingford
7 Out of County Medical Hartford/ Newington	8 Wonderful Things Yarn Shop Great Barrington MA Lunch	9 The Wadsworth Atheneum of Art Admission \$11 Hartford	10 Out of County Medical New Haven/ West Haven	11  Out of County Medical Meriden/ Wallingford
14 Out of County Medical Hartford/ Newington	15 Christmas Tree Shop Orange Lunch at Panera	16 Mohegan Sun  	17 Out of County Medical New Haven/ West Haven	18  Out of County Medical Meriden/ Wallingford
21 Out of County Medical Hartford/ Newington	22 Matinee Movie Middletown Lunch at Athenian Diner	23 Target and Stew Leonard's Newington Lunch Applebees	24  Closed	25  Closed  
28 Out of County Medical Hartford/ Newington	29 Wal-Mart Cromwell Lunch at Cromwell Diner	30 Westfarms Mall Lunch on your own at the mall	31 Closed  	

# Senior Moments...

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"You should see someone about that."



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"Judging by the glow, I'd say it's a sinus infection."

# December Lunch Menu



CW Resources Senior Community Café

## December, 2015

1% or Skim milk provided  
Margarine available

MENU ITEMS SUBJECT TO CHANGE

SUGGESTED DONATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>Call Amanda for reservations at 860-349-3153</p>	<p>2 Cream of Mushroom Unsalted Crackers Unbreaded Fish Filet Lemon Dill Sauce Buttered Garlic Orzo Spinach 100% W.W. Bread  Fresh Orange</p>		<p>Call Amanda for reservations at 860-349-3153</p>
<p>7 Crab Cakes with White Sauce Buttered, Parslied Potatoes Country Blend Veggies  12 Grain Bread  Mixed Fruit Cup</p>		<p>9 Pineapple Juice Meatloaf Brown Gravy Mashed Potatoes Garden Salad Italian Dressing Potato Bread  Chocolate Chip Cookies</p>		
<p>14 Seasoned Pork Loin with Apple Au Jus Cheesy Rice Capri Blend Veggies  Rye Bread  Fresh Orange</p>		<p><b>Christmas Special</b> 16 Egg Nog Chicken Kiev with Cream Sauce Oven Roasted Potatoes Buttered Beets with Onion  Dinner Roll Cheesecake with Strawberries</p>		
<p>21 Stuffed Shells Tomato Sauce Broccoli  Garlic Bread  Apricots</p>		<p>23 Grape Juice Potato Crunch Fish Harvest Rice Spinach and Mushrooms Tartar Sauce  Pumpnickel Bread  Fresh Apple</p>		<p>25 <b>Merry Christmas!!!</b>  </p>
<p>28 Oven Roasted Turkey Turkey Gravy Stuffing Carrots  Oatmeal Bread  Apricots</p>		<p><b>New Year's Special</b> 30 Apple Cider Sliced Ham with Pineappel Au Jus Cranberry Couscous Winter Blend Veggies  Dinner Roll Banana Cream Pie</p>		<p><b>Happy New Year!</b> </p>

## Giving Tree 2015

For many years, a Christmas “Giving Tree” has been part of the community in Durham. The Giving Tree is located on the first floor in Town Hall in the Recreation Office on December 1, 2015. Our Second Grade Brownie Troops make ornaments to decorate our tree. Located on the tree are tags that symbolize an item of need for a disadvantaged family. The tags contain information on each gift recipient, such as age and needs. Names are not listed or given to donors. Each family or individual is designated by number or letter. Recipients receive a donor gift from a wish list of items. The recreation office will be open extended hours on December 5<sup>th</sup> 9-11 AM as well as Tuesday December 8<sup>th</sup> until 7PM.

Residents, service organizations, and businesses that wish to donate a gift may come in and pick a tag of their choice from the Giving Tree. After purchasing a gift, the donor returns the purchased item to the Giving Tree. Gifts are distributed to individuals and families. Monetary donations can be made payable to Durham Interchurch Assistance and be either mailed to Town Hall P.O. Box 428 , Durham, CT 06422 or dropped off at the Town Hall from 9-4:30 Monday through Friday.

This year volunteers will gather at the Durham Activity Center on December 17<sup>th</sup> to pack basket items at 9AM. Distribution will be from the Durham Activity Center in the afternoon on December 17<sup>th</sup>. Thank you for sharing the Christmas spirit. Any questions please call Amanda at 860-349-3153.





## Upcoming Events

**December 11, 2015** - *Birthday Cake Celebration* for December Birthdays. Held at DAC during the holiday luncheon which begins at 12PM. This is sponsored by the Durham Senior Board.

**December 11, 2015** 12-2 Holiday Party held at DAC. Join us for lunch and dessert! Celebrate the holidays with the Durham Senior Board. Reservations are required. Call Amanda at 860-349-3153. Entertainment by Susan Peak.



**December 16, 2015** *Senior Board Meeting* 1:00 at DAC.

