

Feb. 2014

DURHAM SENIOR HAPPENINGS

Senior Board Members

Elaine Melvin, Chairperson
rmelvin@snet.net
Henry Coe, Vice Chairperson
hcoect@gmail.com
Anne Cassady
annecassady@sbcglobal.net
Evelyn Frady
Efrady@snet.net
Norm Hicks
hicks@snet.net
Stu Keating
irishstu4@yahoo.com
Beverly Pedersen
bvrylprsn@sbcglobal.net
Shari Slight
sharislight@sbcglobal.net
Karin Thody
tchrkmt@sbcglobal.net

Staff

Amanda Pedersen
apedersen@townofdurhamct.org
860-349-3153

Sherry Hill
shill@townofdurhamct.org
Town Hall 860-343-6724
Activity Center 860-788-3337

Marlene Clark
Secretary
afuntime@comcast.net



Town of Durham

Amanda Pedersen
Social Services Coordinator
30 Town House Road
Durham, CT 06422

Senior Lunches



The Elderly Nutrition program is designed to provide nutritional meals, at a low cost to persons ages 60 and over, and their spouses. Hot lunches are available at the Durham Activity Center
350 Main Street, 2nd Floor
every Monday and Wednesday
To cover the cost of the meal, a suggested donation of **\$2.00** is welcomed.

To make lunch reservations call Amanda Pedersen,
Senior Café Manager at 860-349-3153

- For a Wednesday reservation you must call **prior** to 12:00 on Tuesday.
- For a Monday reservation you must call by 12:00 on the **prior** Friday.
- Dial-A-Ride is available for transportation to lunches... see page 4.

Join us after lunch...

Feb. birthdays will be celebrated on Feb 26. We will be having cake courtesy of the Durham Senior Board after our regular lunch.



Bingo

Wednesday's 1:00 p.m.
Following the luncheon
\$1.00 a card!!!

Transportation-



Durham-Middlefield Senior/ Disabled Bus

The bus is available for transportation to activities and shopping. Please see schedule for planned trips. Transportation is also available to the following areas for medical appointments:

- Mondays- Hartford, Newington, New Britain area
- Thursdays- New Haven, West Haven area
- Fridays- Meriden, Wallingford area

There is no fee for this service. You must give 48 hours notice prior to Dr. appointment.

For more information please call 860-347-5661, Monday - Friday 9 am—3 pm to make a reservation. You will receive confirmation after 4pm from driver . Pick up at United Churches for Durham recreational trips.

St. Luke's Eldercare is located at
211 South Main Street Middletown

See monthly schedule on next
page!!!

Dial- A-Ride

Middletown Area Transit is available for in county trips.

Provides curb-to-curb transportation for the elderly and disabled residents of Middlefield and Rockfall to appointments in Middlefield, Durham, Middletown, Cromwell, Portland, East Hampton and East Haddam. This service can be used for medical appointments, shopping, banking and other places. This service is available 5 days a week, Monday – Friday 8:30AM- 4:00PM.

Please call Albert at 860-347-3313 for a reservation.

Fare is **\$2.00** each way.

Pickups at United Churches
and Mauro Meadows at
times specified by driver.

Durham/Middlefield Bus Schedule



**To Reserve
Call
860-347-5661**

Monday	Tuesday	Wednesday	Thursday	Friday
3 Out of County Medical Hartford/ Newington	4 Stew Leonard's Target Lunch at Applebee's.	5 Christmas Tree Shop & Plaza in Orange Lunch at TGI Fridays	6 Out of County Medical New Haven/ West Haven	7 Out of County Medical Meriden/ Wallingford
10 Out of County Medical Hartford/ Newington	11 Mohegan Sun Lunch on your own	12 Timex Museum Waterbury CT Admission \$ 5. Lunch at Nardelli's Grinders	13 Out of County Medical New Haven/ West Haven	14 Out of County Medical Meriden/ Wallingford
17 Out of County Medical Hartford/ Newington	18 New England Air Museum- Windsor Locks Admission \$11. Lunch at Friendly's.	19 American Art Museum New Britain -Admission \$10. Lunch at Miss Washington Diner	20 Out of County Medical New Haven/ West Haven	21 Out of County Medical Meriden/ Wallingford
24 Out of County Medical Hartford/ Newington	25 Peabody Museum Admission \$4 if 5 people reserve spots. Lunch at Pepe's Pizza.	26 Local shopping- Target, Meriden Square. Lunch on your own at the Square.	27 Out of County Medical New Haven/ West Haven	28 Out of County Medical Meriden/ Wallingford
		<u>There is no fee for this service.</u>		

**News
from the**

Social Services Office



Reminder

Frequently Used Numbers

Human Services
349-3153

Library
349-9544

Public Works
349-1816

Recreation
343-6724

Town Garage
349-9953

Transfer Station
349-8702

Connecticut Light &
Power
1-800-286-2000

Fuel Assistance
349-3153

Emergency
Ambulance, Fire, Police
911

Non-Emergency
Ambulance
349-8366

Non-Emergency Fire
349-9112

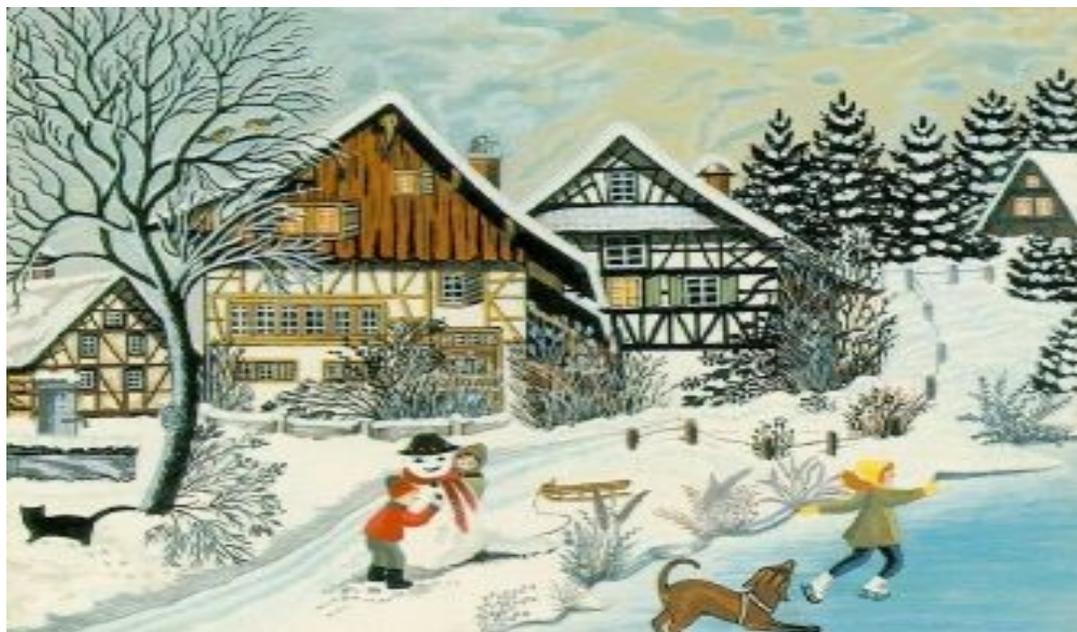
Non-Emergency Police
1-800-256-5761 (or)
349-2325

Upcoming Events:

March 5 at 1:00 Middlesex Healthcare Center will be at DAC to discuss *Healthy Hearts*.

March 17 at 1:00 Dr Fowler will be in at DAC to discuss *Strokes* and Improving outcomes through action.

Please call Amanda at 860-349-3153 to reserve a spot!



Durham 60+ Club
Meeting & Entertainment Schedule 2014
Sue Giuffrida, President -01/01/14

January 13	<i>B/P Clinic, Bingo/\$1.00 per card</i>
January 27	Meeting/ <i>Variety Table</i>
February 11	Valentine Pot Luck at Noon
February 24	Meeting/ <i>Variety Table</i>
March 10	<i>B/P Clinic</i> ██████████ <i>-Tombstones</i>
March 12	<i>Ronan Tynan, Irish Tenor/Swansea Mass.</i>
March 24	Meeting/ <i>Variety Table</i>
April 10	<i>Newport Playhouse-My Husbands Wild Desires</i>
April 14	<i>B/P Clinic, Entertainment</i>
April 28	Meeting/ <i>Variety Table</i>
May 12	<i>B/P Clinic/Entertainment</i>
May 21	Spring luncheon/Sans Souci/Raffle
May 26	<i>No Meeting</i> Memorial Day
May 28 Wednesday	Tribute To Frankie Valli – Aqua Turf
June 9	<i>B/P Clinic/Bingo/\$1.00 per card</i>
June	Doris Duke Mansion Tour – Newport – Lunch on own/Friendship
July 10 th Wed	Comedy/All you Can Eat Lobster at Delaney House, Bus
July & August	VACATION - No Meetings
August 17-23	Mackinac Island trip-Dep due upon signing - final due June 11
September 4 Thurs	Hidden Treasures-Getaway
September 8	<i>B/P Clinic & Bake & Produce Sale</i> Nom. Com. Selected
September 22	New Slate of officers and Com. chairs presented/ Variety table
October 13	No Meeting Columbus Day
October	Oktoberfest – Jimmy Sturr – King of Polka
October 27	Meeting/ Variety Table -New Slate takes office
November 6	All about the 50's – Costa Azzurra
November 13 Thursday	Thanksgiving Potluck, collect for the Giving tree
December 8	B/P Clinic Collect Tuna/Peanut Butter/deodorant, soap
December 10	Christmas Party \$8.00 grab bag, San Souci Restaurant

ALL MEETINGS ARE AT THE DURHAM ACTIVITY CENTER, AT 1:30PM
ALL MEMBERS ARE ON THE CLEAN-UP COMMITTEE.

Important Information: Changes In Certain Services Beginning February 2014



To meet the increasing demands for our service, we need to make changes to how we provide some services to our customers. Beginning in February 2014, Social Security will no longer provide benefit verification letters in our offices. You will still be able to get an instant letter online with a personal **my Social Security** account or you may call us toll-free to request a letter by mail.

Also, to protect the integrity of the Social Security number and prevent fraud, we will discontinue providing Social Security number printouts. If you need proof of your Social Security number and you do not have your Social Security card, you will need to request a replacement Social Security card by completing the *Application for a Social Security Card* (Form SS-5) and providing the required documentation.

See steps below for obtaining your benefit verification letter or requesting a replacement Social Security card. We also encourage you to visit www.socialsecurity.gov to learn about the many convenient online services available to you.

How to get benefit verification letters

If you need proof of your Social Security or Supplemental Security Income benefits, you can get a benefit verification letter online instantly through a **my Social Security** account. To create an account, visit www.socialsecurity.gov/myaccount. With **my Social Security**, you can easily view, print or save an official letter that includes proof of your:

- Benefit amount and type;
- Medicare start date and withholding amount (if applicable); and
- Age.

If you are unable to go online, you can call our toll-free number, **1-800-772-1213** (TTY **1-800-325-0778**) to request your letter be mailed to you. You also can use your annual cost-of-living adjustment notice or SSA Form 1099 as proof of income from Social Security.

How to get replacement Social Security cards

Your Social Security card is your legal proof of your Social Security number. If you need proof of your number, and you can't find your card, you will need a replacement card. To get a replacement card, you must complete an *Application for a Social Security Card* (Form SS-5), which you can find online at www.socialsecurity.gov/ssnumber. You also will need documents proving your identity, age and citizenship or lawful immigration status.

In most cases, you can take, or mail, your completed application and original documents to any Social Security office. Go to www.socialsecurity.gov/locator to find the Social Security office or Social Security Card Center that serves your area. After processing, we will return your documents to you.

For more information

A wealth of information and online service options are available on our website at www.socialsecurity.gov. Or you can call our toll-free number, **1-800-772-1213** (TTY **1-800-325-0778**), and ask for helpful publications, such as:

- *How To Create An Online Account* (Publication No. 05-10540);
- *Your Social Security Number And Card* (Publication No. 05-10002); and
- *What You Can Do Online* (Publication No. 05-10121).

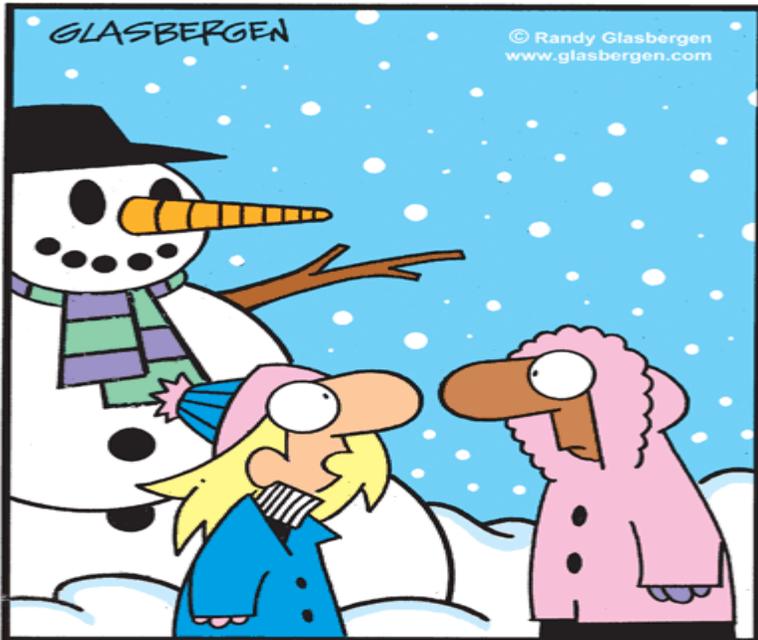
www.socialsecurity.gov

Printed on recycled paper



Social Security Administration
SSA Publication No. 05-10544
February 2014

Senior Moments...



“If snow is made from water and water has no calories, how come snowmen are fat?”



“I must have a slow metabolism. I caught a snowflake on my tongue and gained 3 pounds!”

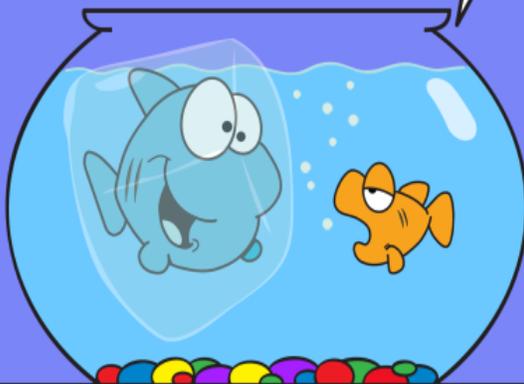
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Ned & Larry

NedandLarry.com

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Did you have fun playing in the snow?



ROBIN CROSSMAN

EMPLOYMENT AGENCY



“They’re looking for someone who’s well rounded and knows how to keep a cool head.”