

Jan. 2014

DURHAM SENIOR HAPPENINGS

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Town of Durham

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Social Services Coordinator
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Senior Lunches



The Elderly Nutrition program is designed to provide nutritional meals, at a low cost to persons ages 60 and over, and their spouses. Hot lunches are available at the Durham Activity Center
350 Main Street, 2nd Floor
every Monday and Wednesday
To cover the cost of the meal, a suggested donation of **\$2.00** is welcomed.

To make lunch reservations call Amanda Pedersen,
Senior Café Manager at 860-349-3153

- For a Wednesday reservation you must call **prior** to 12:00 on Tuesday.
- For a Monday reservation you must call by 12:00 on the **prior** Friday.
- Dial-A-Ride is available for transportation to lunches... see page 4.

Join us after lunch...

Dec. birthdays will be celebrated on Jan 29. We will be having cake courtesy of the Durham Senior Board after our regular lunch.



BNGO

Wednesday's 1:00 p.m.
Following the luncheon
\$1.00 a card!!!

Transportation-



Durham-Middlefield Senior/ Disabled Bus

The bus is available for transportation to activities and shopping. Please see schedule for planned trips. Transportation is also available to the following areas for medical appointments:

- Mondays- Hartford, Newington, New Britain area
- Thursdays- New Haven, West Haven area
- Fridays- Meriden, Wallingford area

There is no fee for this service. You must give 48 hours notice prior to Dr. appointment.

For more information please call 860-347-5661, Monday - Friday 9 am—3 pm to make a reservation. You will receive confirmation after 4pm from driver . Pick up at United Churches for Durham recreational trips.

St. Luke's Eldercare is located at
760 Saybrook Road.
Middletown

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See monthly schedule on next page!!!

Dial- A-Ride

Middletown Area Transit is available for in county trips.

Provides curb-to-curb transportation for the elderly and disabled residents of Middlefield and Rockfall to appointments in Middlefield, Durham, Middletown, Cromwell, Portland, East Hampton and East Haddam. This service can be used for medical appointments, shopping, banking and other places. This service is available 5 days a week, Monday – Friday 8:30AM- 4:00PM.

Please call Albert at 860-347-3313 for a reservation.

Fare is \$1.50 each way.

Durham/Middlefield Bus Schedule

Jan. 2014

**To Reserve
Call
860-347-5661**

	Tuesday	Wednesday	Thursday	Friday
<i>There is no fee</i>				
<i>Pickups at United Churches and Mauro Meadows at times specified by driver.</i>		1 Closed 	2 Out of County Medical New Haven/ West Haven	3 Out of County Medical Meriden/ Wallingford
6 Out of County Medical Hartford/ Newington	7 Target Meriden Square Lunch on your own	8 Florence Griswold Museum adm. \$10 Lunch at Morning Glory Cafe	9 Out of County Medical New Haven/ West Haven	10 Out of County Medical Meriden/ Wallingford
13 Out of County Medical Hartford/ Newington	14 Mohegan Sun	15 11:00 Godfrey Memorial Library Lunch at Athenian	16 Out of County Medical New Haven/ West Haven	17 Out of County Medical Meriden/ Wallingford
20 Closed 	21 Matinee Movie Wallingford Theater \$5 Lunch at 99 Res- taurant	22 Clinton Crossing Shopping Lunch @ Lenny & Joe's Westbrook	23 Out of County Medical New Haven/ West Haven	24 Out of County Medical Meriden/ Wallingford
27 Out of County Medical Hartford/ Newington	28 Westbrook shopping Lunch @ Lenny & Joe's Westbrook	29 Nautilus Museum Groton with lunch at Norm's Diner	30 Out of County Medical New Haven/ West Haven	31 . Out of County Medical Meriden/ Wallingford

**News
from the**

Social Services Office



Reminder

Frequently Used
Numbers

Human Services
349-3153

Library
349-9544

Public Works
349-1816

Recreation
343-6724

Town Garage
349-9953

Transfer Station
349-8702

Connecticut Light &
Power
1-800-286-2000

Fuel Assistance
349-3153

Emergency
Ambulance, Fire, Po-
lice
911

Non-Emergency
Ambulance
349-8366

Non-Emergency Fire
349-9112

Non-Emergency Police
1-800-256-5761 (or)
349-2325

I hope everyone had a wonderful holiday season. Wishing you good health, peace and joy for the New Year. Thank you for all of your support of our town social services programs this past year.



Upcoming Seminars -Dates to be announced:
Healthy Heart (Middlesex Healthcare Center)
and Stroke Presentation (Dr. Brad Fowler).
Please keep a look out in Town Times, Patch, and
Website for dates and further details.

Senior Café Pictures



Important Information: Changes In Certain Services Beginning February 2014



To meet the increasing demands for our service, we need to make changes to how we provide some services to our customers. Beginning in February 2014, Social Security will no longer provide benefit verification letters in our offices. You will still be able to get an instant letter online with a personal **my Social Security** account or you may call us toll-free to request a letter by mail.

Also, to protect the integrity of the Social Security number and prevent fraud, we will discontinue providing Social Security number printouts. If you need proof of your Social Security number and you do not have your Social Security card, you will need to request a replacement Social Security card by completing the *Application for a Social Security Card* (Form SS-5) and providing the required documentation.

See steps below for obtaining your benefit verification letter or requesting a replacement Social Security card. We also encourage you to visit www.socialsecurity.gov to learn about the many convenient online services available to you.

How to get benefit verification letters

If you need proof of your Social Security or Supplemental Security Income benefits, you can get a benefit verification letter online instantly through a **my Social Security** account. To create an account, visit www.socialsecurity.gov/myaccount. With **my Social Security**, you can easily view, print or save an official letter that includes proof of your:

- Benefit amount and type;
- Medicare start date and withholding amount (if applicable); and
- Age.

If you are unable to go online, you can call our toll-free number, **1-800-772-1213** (TTY **1-800-325-0778**) to request your letter be mailed to you. You also can use your annual cost-of-living adjustment notice or SSA Form 1099 as proof of income from Social Security.

How to get replacement Social Security cards

Your Social Security card is your legal proof of your Social Security number. If you need proof of your number, and you can't find your card, you will need a replacement card. To get a replacement card, you must complete an *Application for a Social Security Card* (Form SS-5), which you can find online at www.socialsecurity.gov/ssnumber. You also will need documents proving your identity, age and citizenship or lawful immigration status.

In most cases, you can take, or mail, your completed application and original documents to any Social Security office. Go to www.socialsecurity.gov/locator to find the Social Security office or Social Security Card Center that serves your area. After processing, we will return your documents to you.

For more information

A wealth of information and online service options are available on our website at www.socialsecurity.gov. Or you can call our toll-free number, **1-800-772-1213** (TTY **1-800-325-0778**), and ask for helpful publications, such as:

- *How To Create An Online Account* (Publication No. 05-10540);
- *Your Social Security Number And Card* (Publication No. 05-10002); and
- *What You Can Do Online* (Publication No. 05-10121).

www.socialsecurity.gov

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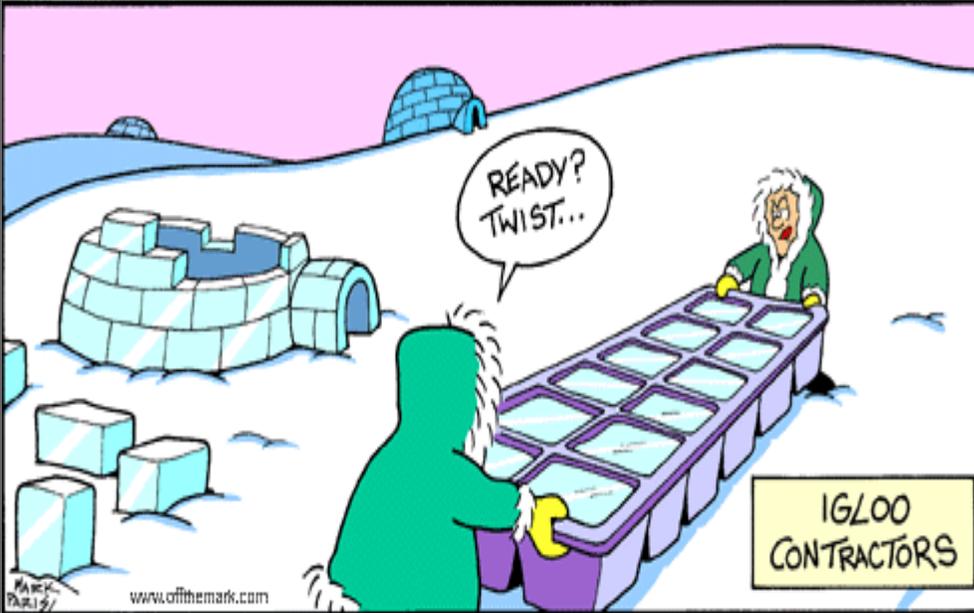
Senior Moments...

off the mark

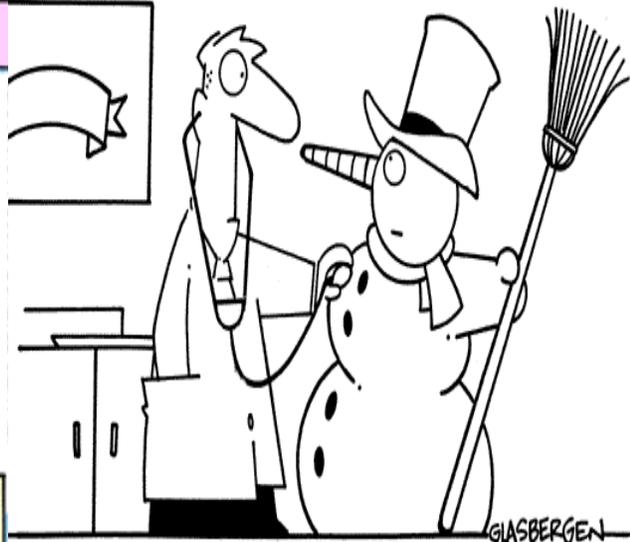
by Mark Parisi

www.offthemark.com

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"Thumpity-thump-thump, thumpity-thump-thump...."



www.thefunryl

DAVID'S HERD



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